

March 2009
The Las Vegas Ski &
Sports Club Newsletter



The Inside Edge

TGIF

Friday, March 13th

Kavanaugh's

6 pm

3290 W. Ann Road
Phone: 395-0492
(Ann and Simmons)

Free appetizers while they last.
Join us for St. Patrick's Day

Friday, March 27th

Captain's Cove

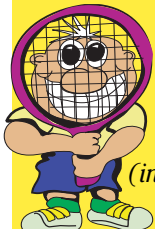
6 pm

2902 Lake East Dr. • Phone: 982-1480
West Sahara (past Durango)
& Lake Sahara

One of our favorites, free
appetizer while they last.

GENERAL MEMBERSHIP MEETING & TGIF

TENNIS Tuesday Nights

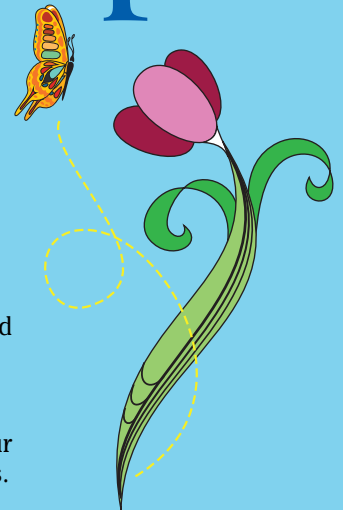


Bally's Hotel Courts
6:30 - 8:30 p.m.

Round Robin
(intermediate & advanced)

Currently Postponed!

General Membership meeting



Dear LVSSC Members,

Spring is in the air. We had quite a few days of rain this February. Hope this will keep up in March. Believe it or not, the cold winter is almost over. I would like to thank Ron and Kristina for welcoming us into their home for Board Game Night on February 11th. All those who attended really had a great evening. Also, I wish to send kudos to Mike Barrett for being our audio visual specialist at the meetings and TGIF nights.

This month, we are hoping to really welcome our new members and hear from our "old members" at our March General Meeting and TGIF. I hope that many of you will stand up and say a few things about yourselves such as how long you have lived in Las Vegas, what brought you to this city, various things any of us can do to help you, and anything else you would like to share with us. In exchange, you will be given a ticket on which you will write your name and be entered in a raffle for prizes.

Please be sure to express your interest and contact a board member if you wish to serve as an officer or director. It is fun and you get to know what activities are being planned. Election of directors will occur at the General Membership Meeting March 27th.

Don't forget to sign up for Brianhead and the Caribbean Connoisseur Cruise should you be interested. Be sure to read our Newsletter for upcoming events.

See you soon and happy St Patrick's Day.

Rosette Mare
Programs Director

Meeting Place Info

Friday, March 27th

6 pm TGIF

6:30 General Meeting

Captain's Cove

982-1480

2902 Lake East Dr.

Phone: 982-1480

West Sahara (past

Durango) & Lake Sahara

HOTLINE NUMBER: 458-0469 ■ www.lasvegasskiclub.com

BOARD OF DIRECTORS

OFFICERS

Mark McNeil Home: 702-895-9443
President mark42750@cox.net

Valerie Ward Home: 702-396-6652
Vice President/Assist. Programs ward828@yahoo.com

Kay Dee Puffer Home: 702-655-8096
Secretary maxvegas49@embarqmail.com

Michael Barrett Home: 702-645-5826
Treasurer mbduster01@aol.com

COMMITTEE CHAIRS

Cyndy Bills Home: 702-361-1769
Trip Director/Director at Large/Asst. Programs cdbills2004@aol.com

Patsy McKenna Home: 702-294-4385
Membership patsy76@cox.net

John Mason Home: 702-683-8089
Hospitality jminstallation1@aol.com

Dotty White Home: 702-650-3405
Assistant Hospitality/Trip Director dorothywhite@cox.net

Rosette Mare Home: 702-818-4919
Assistant - Hospitality mare48@aol.com

Phyllis Silvaggio Home: 702-461-2477
Socials phyllissilvaggio@yahoo.com

Pat Park Home: 702-645-1184
Assistant Socials plp645@cox.net

Rosette Mare Home: 702-818-4919
Programs mare48@aol.com

Ron Williams Cell: 702-580-0056
Publicity & Marketing scubaranzo@cox.net

Michael O'Connor Home: 702-396-2125
Club Rep/Far West Ski Assoc. oconnorx@cox.net

Jim Boyd Home: 702-293-4503
Newsletter & Web Coordinator ejamesboyd@cox.net

Pete Petersen Home: 702-510-3921
Assist. Newsletter lcpetersen2006@yahoo.com

Jill Merk Business: 702-433-1578
Webmaster jill@elevatewebdesigns.com

MOVING?

Send change of address cards to:
Las Vegas Ski and Sports Club Membership
P.O. Box 42894
Las Vegas, NV 89116
To phone in address changes contact
Patsy McKenna (MEMBERSHIP) 294-4385.

NEWSLETTER POLICIES

Acceptance and cost of advertising are subject to the approval of the Board of Directors, and checks for advertising should be made out to: "Las Vegas Ski and Sports Club".

Mail typewritten articles or news for the newsletter to:

LVSSC Newsletter:

Jim Boyd
LVSSC
PO Box 42894
Las Vegas, NV 89116

Or E-mail:
ejamesboyd@cox.net

NEWSLETTER ADVERTISING RATES

1/8 page . . . \$15 month • 1/4 page . . . \$30 month 1/2 page . . . \$60 month
Set-up charge of \$10

Director's Column

Elections of Directors

MARCH 27TH 2009

General Membership Meeting

The annual election for the Board of Directors of the Las Vegas Ski and Sports Club will take place at the General Membership Meeting in March 27, 2009. Your participation is vital as we select members that work for you.

Here is the list of current board members running for re-election, in no particular order:

Val Ward, Kaydee Puffer, Phyllis Silvaggio, Patsy McKenna, Cyndy Bills, Ron Williams, Pete Petersen, John Mason, Michael Barrett, and Mark McNeil

Members can nominate another member, either by sending their name to a current board member, or nominating her or him at the March General membership meeting. Remember, you will not be voting to elect someone to a position, only to be on the board. At the April Board of Directors meeting, newly elected members will vote for the individual positions. As always, we welcome ideas from the membership.

Mark McNeil
President LVSSC



Brianhead, Utah

MARCH 20TH TO MARCH 22nd, 2009

- DON'T MISS THE BUS! -

(Leaves Las Vegas at 5:30 P.M. so no missed work)

Estimated cost \$275

Las Vegas Ski & Sports Club's most affordable and fun filled trip of the season!!!

Trip Includes:

- Bus transportation to Brianhead with Beer/Wine & Munches
- Two nights lodging at the Cedar Breaks Lodge. Double Occupancy. Heated indoor pool & spa. In-room fireplaces.
- Group dinner
- Free shuttle bus to lifts.
- Discount lift tickets (NOT included in price)
- Pizza, beer and more wine on the trip home (and LOTS of stories)

The grand re-opening of Chair 1 makes Brianhead a better skiing experience for all levels of down hill and cross country skiers. Brianhead also offer a great package for beginners including equipment and lift pass.

Deposit Policy

\$75 on sign-up • \$200 due 1/20/2009 • NO REFUND AFTER 1/20/2009

Note changed dates • 3% surcharge (\$8.25) for credit card use.

Call John Mason 683-8089 or Kathy Arrington 658-7851

MUST BE CURRENT MEMBER OF LAS VEGAS SKI AND SPORTS CLUB

- At 30 looking for more skiers, join us for the fun!!

Park City, Deer Valley The Canyons

March 1- 6, 2009

\$989 Per Person

Package Includes:

- Round Trip Airfare – South West Airlines
- Ground Transportation to and from Airport
- Lift Tickets (4 Days/3 Mts.) or 3 days **\$939**.
- Accommodations Yarrow Resort Hotel Double Occupancy
- Free Breakfast every morning
- Welcome Reception
- Wine & Cheese Party
- Group Dinner
- Baggage Handling & all taxes Inclusive

Deposit Schedule:

- Aug 18, 2008 \$300.00
- Oct 10, 2008 \$300
- January 2, 2009 \$389.00

Cancellation Policy:

- \$100 if cancelled prior to Nov. 1st • No refunds after December 1, 2008
- \$150.00 Name change charge if resold

Contact:

Gary or Pat 645-1184

Gary Wattenbarger (Cell) 524-3013 • Pat Park (Cell) 324-9694



To Wear or Not to Wear

To Wear or not to Wear, should we really ask that question?

One of the best skiing safety tips is really a matter of personal choice - to wear, or not to wear, a helmet while skiing. Both the NSP (National Ski Patrol) and the PSIA (Professional Ski Instructors of America) encourage wearing a helmet, but, it isn't mandated. If you consider those who routinely wear protective headgear, including football and baseball players, construction workers, horseback riders, rock climbers, bicyclers, auto racers, and motorcycle riders - it certainly makes sense that skiers should be just as careful. The most important safety tip that I would personally give to any level skier, is to wear a certified helmet. During the ski and snowboard season, the news of skiers dying on the slopes comes all too frequently. The recurring story is that of a skier losing control and hitting a fixed object such as a tree, resulting in serious head injuries. This can happen to even the most experienced skiers. During the past 16 years, an average of 38 skiers or snowboarders have died annually, and many more suffer from permanent brain injuries according to the National Ski Areas Association. The U.S. Consumer Product Safety Commission and the American Medical Association have recommended the use of helmets by skiers and snowboarders to prevent head and brain injuries. It has been estimated that the use of helmets would prevent or reduce the severity of head injuries by about 50%. Improvements in ski and snowboarding equipment and snow grooming methods have allowed people to ski faster. Recreational skiers can reach speeds of 40 miles an hour, increasing the likelihood of losing control and the seriousness of the resulting injury. Poor snow conditions create even more hazards leading to increased head injuries. Keeping oneself safe allows us to enjoy the sport we love so very much. We all hear the warnings but still many of us continue to take our chances. Wearing a helmet while skiing and snowboarding can be compared to purchasing insurance. It may very well be the most affordable insurance you can ever purchase. So the question remains: "to wear or not to wear" you be the judge. I know what my decision is and has been for several years now. This author has chosen to Wear.

Ron Williams

Turtlehead Peak

Join your LVSSC hiking compadres for a challenging day in the mountains. With lots of loose scree and a fairly steep ascent, Turtlehead (6324') is the most climbed peak in the Red Rocks.

Saturday, March 14, two choices:

Option one: Standard route. From Sandstone Quarry, five miles R/T with 1900' of vertical. Meet Val at Starbuck's on West Charleston. **0800 departure.**

Option two: The long way. From the tollbooth, 11 miles R/T with ~3000' vertical. Meet Michael O' at Starbuck's on West Charleston. **0700 departure.**

Because we are offering **two** options for this annual event, we are strongly encouraging you RSVP to either Michael or Val as to which trail you will be joining us. We certainly do not want to inadvertently leave anyone behind.

Look forward to seeing you there.

Michael O'Connor: 396-2125 or oconnorx@cox.net
Val Ward: 326-5167 or ward828@yahoo.com



First Creek February Hike

After three straight weekends of rain and cold, I thought the hiking weather mojo had finally been defeated. Incredibly, it had prevailed. And although the sun's rays were slightly filtered by a thin layer of wispy clouds, eight of us were welcomed at the trail head with balmy temps and only a slight breeze. Our spirits high and the pace leisurely, we meandered our way toward the canyon straight ahead. We stopped briefly to examine the remains of the wildfire that occurred there a few years back and marveled at the plant life emerging from its ashes. The teenagers from the Centennial High School Hiking Club were about the only sightings of wildlife out there this time of year. The highlight and true destination for our hike was discovering the 20 foot waterfall. Ironically, because of the previous weeks of wet weather that threatened to dampen this hike, the water in the creek was so fast and powerful, that the force of the cascading fall provoked insistent ripples in the awaiting pool below. What a treasure to behold.

As we headed back to the trailhead, everyone's step was much lighter and fanciful. The falls had beckoned the appearance of Spring, and we had born witness to its calling. Great hike!

March will bring us back to Turtlehead Peak with a different twist. Please look for the announcement elsewhere in the newsletter.

Until we meet again, happy trails everyone.

Valerie Ward
LVSSC Hike
Coordinator





Krazy for Keystone!!!

The Keystone crowd got an early start on their ski week by arriving into Denver by 10:00am and on the road by 10:45am. Nothing like a good beer buzz in the morning was the motto as the club stopped for a tour of the massive Coors/Miller Brewing Plant in Golden Co. After the informative tour and generous samples of their products the gang was experiencing first hand that Rocky Mountain High.

First day on the slopes everyone was still on that mountain high! The Keystone Summit chair sits at 11,500 ft and still there was still more vertical to explore! Many took the mountain tour and enjoyed the LONG groomed cruisers. Everyone's first days events were shared in the indoor pool and spa facility with wine and cheese.

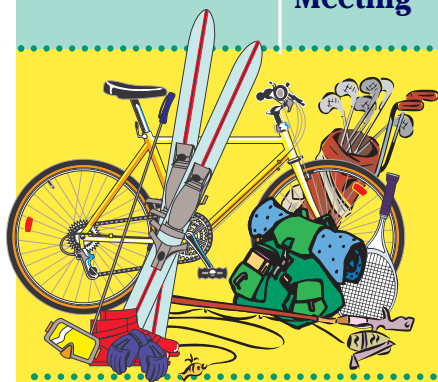
Highlights of the Keystone trip included: The group dinner at Dos Locos, group wine tasting event at The Lodge at Keystone, skiing neighboring resorts of Breckenridge, Vail and A-Basin, Bonnie Thompson and Helmut DeCandia winning t-shirt prizes for fastest female and male on the Nastar Course, Kathy Bell and Bob Smith blazing the cross-country trails and Michael Barrett testing his snowboarding technique. Snow shoeing, sleigh rides, martini tasting and other resort activities filled the days of the members of the LVSSC. Yes, we all agreed we were Krazy for Keystone!!!!



LAS VEGAS SKI & SPORTS CLUB

Special Events Calendar

DATE	EVENT	INFORMATION
March 11th Wednesday	Board Game Night	6:30 p.m. to 9 p.m. at Ron & Khristina's 9668 Odda Way (Peccole Ranch off of Sahara & Grand Canyon) Phone: 580-0056 or 513-1097
March 13th Friday	TGIF	6 p.m. Kavanaugh's Phone: 395-0492 3290 W. Ann Road (Ann and Simmons) Free appetizers while they last. Join us for St. Patrick's Day
March 14th Saturday	Hike	Turtle Head Peak Contact Valerie Ward Phone: 326-5167 or ward828@yahoo.com
March 18th Wednesday	Board of Director's Meeting	John Mason's at 6pm 1130 Buehler Dr. Phone: 683-8089
March 27th Friday	TGIF General Membership Meeting	6 p.m. Captain's Cove Phone: 982-1480 2902 Lake East Drive Lake Sahara (just West of Durango) and West Sahara GENERAL MEMBERSHIP MEETING & TGIF
April 10th Friday	TGIF	TBD
April 15th Wednesday	Board of Director's Meeting	TBD
April 19th Sunday	Arizona Hot Springs	Contact Valerie Ward Ph. 326-5167 or ward828@yahoo.com
April 24th Friday	TGIF General Membership Meeting	6 p.m. Captain's Cove Phone: 982-1480 2902 Lake East Drive Lake Sahara (just West of Durango) and West Sahara GENERAL MEMBERSHIP MEETING & TGIF



PERSONAL SPORTS EQUIPMENT EXCHANGE

In your closet, you just may have some sports stuff just hanging around.

It's taking up space and maybe you have fond memories, but now its been more years than...well the memories may have started to fade. You can chuck it, donate it to charity, keep it or move it out at the LVSSC TGIF EXCHANGE. Coming in April you will have an opportunity to help yourself and another member by selling, trading, giving your unused but in good condition- limited to-sports equipment and accessories. Yes, you have to be a member and it has to be your "stuff". Further details will be coming on the what, when and how. Your BOD is also looking into a May, 2009 TGIF Swap Meet.

Welcome

New Members

A great big LVSSC WELCOME to the following as new members: **Jeff Chow & Helmet Decandia.**

Thank You!

A Big LVSSC Thank You to our last month's TGIF hosts, **Billy Bob's & Captain's Cove** for letting us use their fabulous facilities and for treating us so well while we were there.

LAS VEGAS SKI & SPORTS CLUB 2008-09 Distant Trip Schedule

For additional info, check the flyers posted on the Club's website.

DATE	DESTINATION	COSTS	CONTACTS
Feb. 27 - Mar. 7, 2009	Austrian Alps with FWSA See this newsletter for details	\$1,690 Std. Package	Far West Ski Assoc.
March 1 - 6, 2009	Park City, Deer Valley & Canyons Utah Ski Areas – See Flyer	\$989	Gary or Pat 645-1184
March 20 - 22, 2009	Brianhead Utah	\$275	John Mason 683-8089 Kathy Arrington 658-7851
October 18-25, 2009	Caribbean Connoisseurs' Cruise \$50 to hold space; \$300 Due April 1, Balance Due July 1, 2009. Costs: \$314 to \$525 Stateroom plus \$263 Port Fees pp		Cyndy Bills 361-1799 cdbills2004@aol.com

Caribbean Connoisseurs Cruise

Oct. 18-25, 2009
Aboard the Carnival "Victory"

(With other ski clubs)

*A truly unique itinerary featuring
7 Southern Caribbean Ports of Call!!!*

Sailing from San Juan, Puerto Rico to:

- **St. Thomas** ▪ **Dominica** ▪ **Barbados**
- **St. Kitts** ▪ **St. Lucia** ▪ **Antigua**

— Don't Miss the Boat —

Contact: Cyndy Bills 361-1769

cdbills2004@aol.com

827 Roaring Falls, Henderson, NV 89052

Inside Stateroom \$314.00 - Ocean View Stateroom-\$414.00

Balcony Stateroom-\$524.00 (all rooms based on dbl. occ.)

PORT FEES ARE \$263.00 pp

\$50 to hold space • \$300 due April 1, 2009 FINAL DUE JULY 1, 2009

Full refund to July 15, 2009 - July 16 - Sept. 1, 2009 \$250.00 penalty

Sept. 2 - Oct. 5, 2009 50% penalty + Fees

After October 6, 2009 NO REFUND

Board Game Night is Back!

Where: Ron Williams & Kristina Sorensen's home

Location: 9668 Odda Way, Las Vegas, NV 89117

Peccole Ranch, off of Sahara and Grand Canyon

Telephone: 702-580-0056 or 702-513-1097

When: Wednesday Night, March 11th @ 6:30pm – 9:00pm

Join fellow club members for an evening of camaraderie, fun and games (board games). You know, the ones we all have in the closet but rarely play. This is a very low key comfortable event night. It's a great way to get to know your fellow club members. Please feel free to bring a snack, dish and or your favorite beverage. We will have games on hand but bring your favorite game if you wish and we'll all pick the Game/Games of the night. RSVP's are always welcome.

See ya there!

Insurance Waiver Changes

Changes are a sign of the times. Our liability, waiver of claims and indemnity agreement has been updated. The impact for our members will require that before we participate in a LVSSC sponsored activity, we will be required to sign the new waiver. This will require Trip Leaders to have the waiver signed by participants before the bus leaves, airplane flies – you get the idea. While this currently places an extra burden on our Trip Leaders, next year we will have the updated form when renewing our memberships. So be appreciative & help our Trip Leaders and those who sponsor activities by signing the new waiver so the skiing & such can begin.

Las Vegas Ski and Sports Club
P.O. Box 42894
Las Vegas, NV 89116
Hotline: 458-0469
www.lasvegasskiclub.com



MARCH						
sun	mon	tues	wed	thurs	fri	sat
1 Park City Ski Trip Golf	2 Park City Ski Trip	3 Park City Ski Trip	4 Park City Ski Trip	5 Park City Ski Trip	6 Park City Ski Trip	7
8 Golf	9	10	11 Board Game Night	12	13 TGIF Kavanaugh's	14 Hike Turtle Head Peak
15 Golf	16	17	18 BOD Meeting John Mason's	19	20 Brianhead Ski Trip	21 Brianhead Ski Trip
22 Brianhead Ski Trip Golf	23	24	25	26	27 TGIF & General Membership Meeting Captain's Cove	28
29 Golf	30	31				

APRIL						
sun	mon	tues	wed	thurs	fri	sat
			1	2	3	4
	Golf					
5 Golf	6	7	8	9	10 TGIF TBD	11
12 Golf	13	14	15 BOD Meeting TBD	16	17	18
19 Arizona Hot Springs Golf	20	21	22	23	24 TGIF & General Membership Meeting Captain's Cove	25
26 Golf	27	28	29	30		

Las Vegas Ski & Sports Club MEMBERSHIP APPLICATION

September 1, 2008 thru August 31, 2009

**RETURN SIGNED APPLICATION & LIABILITY RELEASE WITH REMITTANCE OF
\$45.00**

PAYABLE TO:

**LAS VEGAS SKI & SPORTS CLUB
P.O. BOX 42894, LAS VEGAS, NV 89116**

Year Round Activities: Local & Worldwide Ski & Snowboard Trips, Tennis, Golf, Hiking, River Trips, Tours, Camping, Socials, & More.



**LAS VEGAS SKI
and SPORTS CLUB**



**MEMBERSHIP
APPLICATION
and RELEASE OF LIABILITY**



Patsy McKenna, Membership Chairperson: 294-4385

Please print legibly:

Name _____

Address _____

City _____ State _____ Zip _____

Phone (Hm) _____ (Wk) _____ Where did you hear about the club? _____

Cell _____ E-Mail _____ Birthday _____ (month/day)

I am interested in these events or activities:

- | | | | | |
|---|---|--|---|--|
| <input type="checkbox"/> Ski Trips | <input type="checkbox"/> Golf | <input type="checkbox"/> Camping | <input type="checkbox"/> Hiking | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Festivals | <input type="checkbox"/> Christmas Party | <input type="checkbox"/> River Rafting | <input type="checkbox"/> Ocean Cruises | <input type="checkbox"/> Houseboat Trips |
| <input type="checkbox"/> Hockey Games | <input type="checkbox"/> TGIF Socials | <input type="checkbox"/> Sight Seeing Trips | <input type="checkbox"/> Wine Tasting Trips | <input type="checkbox"/> Bike |
| <input type="checkbox"/> Newsletter Editing | <input type="checkbox"/> Helping with Trips | <input type="checkbox"/> Helping with Club Functions | | |

Check here if you DO NOT want your name and phone number(s) published in the LVSC membership directory .

PHOTOGRAPHS OF MEMBERS: Photographs of members participating in club activities are routinely included in a newsletter which is distributed to the membership and other interested parties and is made available to the general public through the Club's internet website.

RELEASE OF LIABILITY: Please sign the reverse side of this form.

Signature (Required) _____

**Mail This Form To:
LAS VEGAS SKI AND SPORTS CLUB
P.O. Box 42894 ▪ Las Vegas, NV 89116**

Date _____

2008-2009 Annual Membership Dues:
\$45 Per Person September 1, 2008 - August 31, 2009 non-refundable

Must Be At Least 21 Years of Age To Join

Office Use Only

Amt. Rec'd. _____ Mail _____ Membership _____ Posted _____

PLEASE READ AND SIGN BOTH SIDES OF THIS FORM.

WAIVER AND RELEASE OF LIABILITY & ASSUMPTION OF RISK AGREEMENT

READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the

Las Vegas Ski and Sports Club

programs, related events and activities, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the many of the activities is significant, including the potential for permanent paralysis and death, and while particular skills, rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, even if arising from the negligence of the releasees or others and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS, **The Las Vegas Ski & Sports Club**, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____
(Participant's Signature)

Age: _____

DATE SIGNED: _____

Michael Ehrenfeld Company – California License # 0537922

Signature is required on both sides of the Membership Application Form